



Message From Mrs Reilly...

Dear Parents/Carers,

Just when we were starting to plan for lots of whole school community events for Term 3 COVID restrictions returned. We are all hoping that this outbreak will be quickly contained and they can go ahead when we return in Term 3.

We were so lucky to be able to run our Athletics' Carnival on Wednesday. Perfect weather (once the fog lifted), lots of parents and family to cheer us on and such great sportsmanship from the children. Special thanks to those parents who volunteered as helpers. You did a great job - the day could not have gone ahead without you.



Thanks to the many parents who came for interviews with their child and their teacher. It was great to see your happy faces as the teachers shared all the great things your child has achieved and then set goals for their next steps. Loved catching up with many of you and hearing about your child's learning. Those who were unable to attend please ring the school at the beginning of Term 3 to organise a time to speak to your child's teacher. We'd love to see you.

This term has been full of lots of fun as well as lots of learning. The primary students have been participating in netball clinics each Friday. Their ball and movement skills have all improved - can't wait for the Netball Gala Days in Term 3.



Pyjama Day was a highlight as the entire school focused on those who are less fortunate than ourselves. The Stage 3 Winter Sleep Out was an opportunity for Year 5 and 6 students to pray, experience sleeping uncomfortably and preparing food for the homeless.

During Reconciliation Week we learnt about how we can all live respectfully together. The Jarrara team joined us for a smoking ceremony and other activities that helped us to develop our understanding of the aboriginal culture.



The Mad Hatters' Tea Party was the culmination of weeks of writing and preparation. The children loved dressing up as their favourite characters and were so excited to be able to have a tea cup ride and have a special morning tea.

Looking forward to more community events next term - let's hope the current restrictions will ease soon.

Have a safe and fun-filled holiday,
Trish

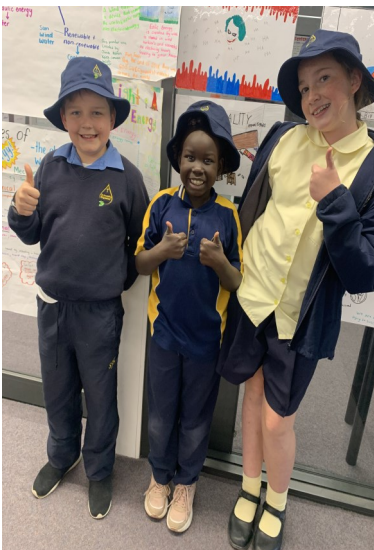


94 JOSEPH STREET, KINGSWOOD NSW 2747
PHONE: 02 4726 4200
EMAIL: STJOSEPHSKWOOD@PARRA.CATHOLIC.EDU.AU

St Joseph's Primary School

Lunchtime Clubs

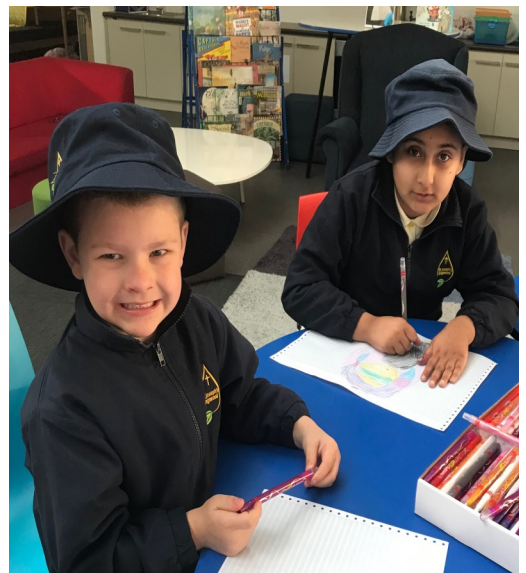
DRAWING CLUB



Chrome Club



Pied Piper



Counsellor's Corner

Hi St Joseph's families,

As you know we place a strong focus on **Kindness** and whilst there will be more celebrations of being the "I" in KIND through the year, I thought I would show you how we link Kindness with Respect in how we address ideas around bullying type behaviours.

Showing Respect - Being Active Bystanders and showing Kindness when things are tough

At St Joseph's being Respectful is a key value during learning time and at play, we encourage respect in the way we talk to each other and share space with each other. We encourage all children to report concerns around behaviour that is leading to upset, this includes verbal and physical behaviour - with the view that asking for help shares the responsibility and allows teachers - in class and on duty the opportunity to respond to the concerns and to provide support.

To help model respect and to show support for each other, we are encouraging students to be active bystander's and support each other. Bystanders have the power to play a part in helping to identify bullying and helping to minimize how long it goes on for.

Active Bystander's do not need to take responsibility for the actions of others – they need to make their own actions count. Active Bystanders show **Kindness** by getting involved and seeking adult help.

There is strength in numbers; Bystanders can combat bullying issues by showing their disapproval towards bullying behaviours by

Direct action –

- o Take the victim away – just walk up and walk away together
- o Use an I statement to tell them to stop – and remember asking for help is a right you have in our school and any school
- o Don't laugh – or people will think you agree with their behaviour - Sometimes Bystanders think that what is happening is funny and they laugh, encourage or accept what is happening which can lead to feeling powerless, guilty or anxious about what is going on – we can activate our children to make their actions count by asking for help and reporting things that feel bad.

Engage adults -

Get help – report your concerns to the teacher on duty, stay with that teacher until they are able to see how important the situation is or this can be by approaching a teacher you trust

Encouraging our students to take action and be active bystanders to show their respect for each other will build their strength on Joey's Journey.

Thanks and take care
Miss Goode

School Fees

Thank you to the families who have already finalised their Term 1 and 2 school fees.

Term 2 fees are overdue and are subject to referral to head office for collection, if not paid, or being paid off on an approved payment arrangement.

If you are experiencing any difficulty in making your school fees payment please contact Jenny Pendleton on 4726 4200.

Leaving St Joseph's



A term's notice (10 school weeks) in writing must be given to the Principal before the removal of a student or a full term's fees will be payable. The notice can be given any time during term for the next term.

Where appropriate notice has been received a pro-rata credit can be calculated based on a 40 week year.

One exception is that notice in writing will be accepted at any time during Term 4 in relation to the following years' enrolment i.e. the notice period of 10 school weeks will be waived in this circumstance.

Attendance

Winners of the H.E.R.O Competition!

Congratulations to all 68 entrants! The standard of posters this year were amazing!! Every student who entered received a Superhero Award of Excellence!

1st Place Infants and Overall Winner
1st Place Primary

Ezekiel Year 2
Maddi Year 5



Kindy Jasper
Year 1 Liam
Year 2 Gursehaj

Year 3 Tamia
Year 4 Preston
Year 5 Charlie
Year 6 Olivia



Last week primary had their surprise fun morning Attendance activities!



Medication

It has been recommended to the school that all student medication now be given to the school in blister packs.

From Term 3 we require any student that has regular medication to be given to us in a blister pack. These are easy to obtain from your local chemist.

Thank you for your understanding.



Birthday Celebrations

We love celebrating all our students birthdays! Due to food allergies and WHS requirements we ask if you are sending food for your child to celebrate with their classmates please only bring donuts or small cupcakes. Lolly bags, gifts, chocolates, etc are not to be sent to school.



Thank you for your understanding.



St Joseph's Birthdays

Happy Birthday to...

June - Levi, Ahmad, Trent, Elsa, Bena, Balnoor, Kaliah, Michelle, Jaxon, JP, Ajak, Cooper, Andariel, Makoi, Harrison, Raima, Jacob, Timothy, Nicholas, McCaw-Rasta, Eloise, Piath, Dezire, Gurshann, Aahana, Ishaan, Isabella, Chan, Jacob

July - Isabelle, Subhajit, Elijah, Jostrick, Thomas, Anthony, Shannon, Mae, Jade, Eoin, Olivia, Aubrey, Adut, Preston, Violet, Harlum, Leo

Library Books

We have a lot of library books that have been borrowed and not returned.

Please spend some time these holidays looking at home to see if you have any.

Thank you in advance.



Community News

Healthy Lunch Box recipe

Layered mixed potato bake.



Ingredients

Olive oil spray
2 large potatoes, peeled & thinly sliced lengthways
1 large sweet potato, peeled & thinly sliced lengthways
2 zucchinis, thinly sliced lengthways
½ cup frozen corn kernels
½ cup frozen peas
8 eggs, lightly beaten
½ cup reduced-fat milk
½ cup reduced-fat Ricotta
½ cup reduced-fat tasty cheese, grated
1 tsp fresh thyme, leaves picked

Method

Preheat oven to 180°C. Line and spray a 20cm square cake tin with olive oil.
Steam the sweet potato and potato until just tender.
In the base of the cake tin, layer half of the sweet potato followed by half of the potato, then ¼ cup frozen peas and ¼ cup frozen corn. Top with a layer of half the zucchini. Repeat.
Mix the eggs, milk, ricotta and ¼ cup of the cheese in a jug. Pour over the vegetables. Top with remaining grated cheese and the thyme.
Bake for 25-30 minutes or until golden and set. Cool for 5 minutes before serving.

For more recipes visit:
healthy lunchbox.com.au



Sunsmart Snippet

Slop on sunscreen

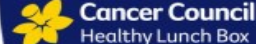


Apply SPF 30 or higher sunscreen generously, re-apply every two hours.

Apply 20 minutes before going outside.

Adults use about a teaspoon for the face, neck and ears; a teaspoon for each arm and leg; and a teaspoon each for the front and back of the body.

www.sunsmartnsw.com.au



Foodbank Contacts

Below are some numbers from Foodbank organisations that can assist with groceries.
Please feel free to call them to see what they can offer you.

Transformation Edge - Jamisontown 4731 2419

Christian Mission - Penrith 4704 8809

Westcare - Penrith 4731 3455



GO4FUN

HEALTHY ACTIVE HAPPY KIDS



A **free** after-school health program for 7- 13 year old children who are above a healthy weight and their families to become fitter, healthier and happier!

Do you have a child between 7-13 years old?

The Go4Fun program is a free health program to improve health, fitness and confidence in children above a healthy weight.

Go4Fun runs one day a week after school for 10 weeks over the school term.

Sessions include.

- Weekly fun based games and activities to get everyone active
- Fun, interactive discussions and activities about healthy foods, physical activity, behaviour change and self-esteem
- Practical skills such as meal planning, label reading, portion sizes and a supermarket tour!

Our term 3 locations include:

Tuesday, 5pm to 7pm
(13th July to 14th September)
Blaxland Public School

Wednesdays, 4:30pm to 6:30pm
(14th July to 15th September)
St Clair, Banks Public School

Thursdays, 4:30pm to 6:30pm
(15th July to 16th September)
Cranebrook St Thomas Anglican Church



REGISTER TODAY TO SAVE YOUR SPOT
VISIT www.go4fun.com.au or CALL 1800 780 900

School Holiday Activities



CREATIVE KIDS SCHOOL HOLIDAY ACTIVITIES

WINTER 2021

- Monday 28th June 2021**
Ninja Warrior | European Handball | Paper Plate Animals | Paddle Pop Craft
- Tuesday 29th June 2021**
Cricket NSW clinic | Science Experiments | Hockey | Science Experiments
- Wednesday 30th June 2021**
Carnival Games | Circus Acrobatics | Circus Art & Craft | Circus Tricks
- Thursday 1st July 2021** | **Wear your PJ's Day!**
Play | Acting | Team Building Games | Movie & Movie Review
- Friday 2nd July 2021**
Gymnastics | Lego Tower Competition | Paper Plane Design & Contest
- Monday 5th July 2021**
Ninja Warrior | Basketball Skills | Plant Pot Painting | Dot Tree Art
- Tuesday 6th July 2021** | **Jersey Day!**
Carnival | Football | Paper Plate Animals | Sports Art & Craft
- Wednesday 7th July 2021**
Mini Olympics | Multi Sport World Cup | Olympic Flag design | Olympic Bingo
- Thursday 8th July 2021**
Interactive Games | Dodgeball | Shoebox Monsters | Minute to Win it
- Friday 9th July 2021** | **Dress up - what job you want when you're older**
Gymnastics | Police chat | Scavenger hunt | Gymnastics
- Monday 12th July 2021**
Ninja Warrior | Learn 2 Draw | Multi-Sport | Arts & Crafts

Penrith City Library - School Holiday Activities

Our teen and children's library programs are returning face-to-face these holidays with exciting 'Shakespeare based' workshops and competition now on at all Penrith, St Marys and St Clair library branches and at the Joan Sutherland Performing Arts Centre. Please click on the link below for more details:

<https://mailchi.mp/388cc878af19/orbit-for-children-young-people-winter-2021-issue-5176657>



All activities run 9am to 4pm
for children aged 5-14 years old.

ALL School Holiday Activities
accept a Creative Kids Voucher



CREATIVE KIDS SCHOOL HOLIDAY ACTIVITIES

April 2021

⚠️ \$40 PER DAY | 3 DAYS FOR \$100 ⚠️
Payment must be made at time of booking.

HOW TO BOOK IN

CURRENT PCYC MEMBERSHIP IS REQUIRED FOR
EACH CHILD THAT ATTENDS THE PROGRAM

Please head to our Website
<https://www.pcyctnsw.org.au/penrith/school-holidays>

Click
DOWNLOAD FORM BUTTON

Fill out the Booking Form & return
to the club or via email below

Penrith@pcyctnsw.org.au
100 Station St, Penrith



Nutrition Snippet

Healthy Holidays Guide.

Looking for fun activities for the kids these school holidays?



Check out our free Healthy Holidays Guide that includes lots of ideas to get cooking, get crafty and get moving!

For more information visit healthylunchbox.com.au

healthylunchbox.com.au



Cancer Council
Healthy Lunch Box

Dates for your Diary

Week 10	Thursday 24th June	School Photos
	Friday 25th June	Last day school for Term 2



Students and Staff return to school on Monday 12th July

Week 1	Monday 12th July	First day back at school for staff and students
	Wednesday 14th July	Soccer Gala Day
Week 2	Friday 23rd July	8:20am Breakfast Club

St Joseph's Social Media

Did you know St Joseph's have many social media platforms to keep yourself updated with school events, photos, newsletters, notes, etc



Facebook - St Joseph's Primary School, Kingswood. NSW

School Website - <http://www.stjosephskingswood.catholic.edu.au/>



Twitter - @stjosephskwood



Skoolbag - St Joseph's Primary Sydney



YouTube - St Joseph's Primary Kingswood

If you would like to opt out on your child's photo, work and name being published please put your request in writing and send it to the school office.

If at any time you change your mind regarding publishing please put your request in writing and send it to the school office.