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St Joseph's Primary School

Message From Mrs Reilly...

Dear Parents and Caregivers,

Looking back on another very busy and productive term I realise how much we have achieved.

The highlight was our Writers' Festival which was a great success. The students worked hard to create, edit and then present their work to the many parents and friends who came to our day. Some students have written about the day:

Yr 4

"I like how the other kids published and had the idea that the articles can be really interesting. Now I feel confident enough to publish" - Ashton Q 4B

"I loved how we got to be really creative with our stories and how we got to show the whole school." - Clarisse L 4B

"I like how we published our writing and teachers modelling an idea for us." -Jerkio D G 4Y

"The best thing that I liked about the writers festival was reading other children's books and creating my own book. The other thing I like about the writers festival was showing my mum my writing" - Narden Slaibi 4Y

Yr 1

"I loved the Wrriter's Festival because I got to see the children's writing and I had so much fun with my friend looking at the writing that the children made"

"On Writers Festival I saw a fire and a mask of super heroes and I saw Spider Tim. I saw my writing and loved it!!!. I played in the camp fire for a little while"

"At the Writer's Festival I saw lots of good writing. Then I went to reading. It was really fun"

"At the Writer's Festival there were so many books. It was in the MPA and spider man was there! I read goosebumps and it was super amazing. Goosebumps was about a horse and two kids. The two kids went to a haunted library and found some stuff. I read it on the new wooden cushion near the camp fire. I also looked at some of the Year 1 and Kindy writing"

"On Friday we had our Writer's Fesitval. Spiderman came in and gave the children a high five. We found our own stories. We saw pig the Tourist Mini Booklets. We saw lots of stories. Some children read their own stories to their mums or Dads. I loved the Writer's Festival"

"On Friday in the MPA there was a Writer's Festival it had stories written by kids and it had leading areas and a campfire, spiderman was there too. There were stories about the house being burnt and the fire fighters fixing it. The Writers Festival was so much fun"

Click here to view our Writer's Festival video:

<https://youtu.be/ACLgiHotVis>

I would like to thank all the parents, friends and family who came along and made this celebration very special. Wishing you all a relaxing, restful and safe holiday.

Take Care,
Trish



Relax
Rejuvenate
Refresh

From the REC

Wishing all our families a safe and peaceful holiday.

On our return in Term 4 we will be raising money alongside many other schools in the Parramatta Diocese to support Catholic Mission. This is to give support to the many families in disadvantaged communities not only in Australia but other overseas communities.

Crazy Sock Day will be on the **29th October** and we are asking for a gold coin donation.

All Classes will be investigating some of the areas in need that Catholic Mission offer support to.

This year's supporting scripture is from the Holy Gospel according to Mark 1:40-45

40 A leper came to him begging him, and kneeling he said to him, "If you choose, you can make me clean." **41** Moved with pity, Jesus stretched out his hand and touched him, and said to him, "I do choose. Be made clean!" **42** Immediately the leprosy left him, and he was made clean. **43** After sternly warning him he sent him away at once, **44** saying to him, "See that you say nothing to anyone; but go, show yourself to the priest, and offer for your cleansing what Moses commanded, as a testimony to them." **45** But he went out and began to proclaim it freely, and to spread the word, so that Jesus could no longer go into a town openly, but stayed out in the country; and people came to him from every quarter.

"Do Not Fear For I am With You"

The scripture reminds us to help all those in need no matter who they are and free from our own prejudices.

Holiday Mass Times

Monday - Friday	8:00am
Saturday	8:30am 6:30pm (Vigil)
Sunday	8:30am 10:00am

<https://www.esafety.gov.au/parents/skills-advice/online-safety-basics>

Kids (5 to 12)

As children start to navigate the online world and interact with others more independently, they are more likely to be exposed to risks of bullying or unwanted contact, accidentally coming across inappropriate content or racking up bills through in-app purchases.

Your guidance can help them be aware of the risks and understand what is expected of them. And let them know you are always there to support them.

For kids aged 5 to 12, it is important to:

- Keep the computer or device in an area of your home that can be supervised. And check in regularly with your child to see what they are viewing.
- Stay engaged with their online activity. If they agree, consider setting up your own accounts with the sites they use most so you can see how they work and understand the risks.
- Explore the online world with them to help establish that this is not just a solitary activity. Play games with them. Do a creative project together.
- Think about social media readiness. Most social media sites require users to be at least 13 years of age before they can register, although some sites are created especially for children under 13. See [are they old enough?](#)
- Encourage respect and empathy. Teach them to avoid sharing or posting things that may upset others. See [good habits start young](#).
- Start building resilience. Teach your child that there are ways they can deal with material that worries or frightens them. This includes immediately telling you or another trusted adult of any concerns or uncomfortable material. See [good habits start young](#).

Review your rules as your child grows older:

- Be clear about how much time they can spend online, the apps they can use, the websites they can visit and what they can share or post online.
- Refer to our advice about [time online](#) and [online gaming](#) if these are of concerns

Technology tips for parents of kids 5 to 12:

- Ensure your own devices are protected by a password or pin, so your child cannot accidentally come across inappropriate content.
- If you are thinking about giving them their own tablet or smartphone, check out [are they old enough?](#)
- Use parental control tools appropriate for the age and experience of your child. Be upfront about this and get your child on board. Let them know that these can be reviewed and changed as they get older and they continue to demonstrate responsible behaviour.
- Consider installing a 'child-friendly' search engine that will allow them to explore a limited number of sites. See [taming the technology](#).

Check out [Raising Children Network's healthy screen time and quality media choices: 6-11 years](#).

PBS4L

This term at St Joseph's we have been focusing on being **safe**. When "We are heroes we are awesome!" As heroes we are **safe** on playground. Being **safe** includes keeping our hands and feet to ourselves, this is something we practice during our eating and playtime. We are **safe** during eating time when we sit with our legs crossed. We are **safe** when playing by making sure we are a **safe** distance from each other. We hope you have a safe holiday break and look forward to being **safe** together in Term 4!



Celebration of Learning

This term we had our Celebrations of Learning in the morning to allow more parents to come before going to work. Unfortunately only a few were able to take advantage of this so we will be returning to the afternoon time slot in Term 4. Looking forward to seeing many of you there.

Staffing Changes

Mr Moreno Faccin will be taking Long Service leave in Term 4. He will be replaced by Mrs Deb Kemp and Mrs Veronica Jarrett. We wish him a restful and rejuvenating time to catch up on some jobs at home and traveling.

Mrs Vicki Geraughty has decided after 36 years her at St Joseph's to retire. We thank her for her dedication, professionalism and the way in which she cared for all students. In Term 4 we will be finding special ways of thanking her for all she has given to our community.

Student - led Conferences

In Week 3 we will be having Student - led Conferences. These are wonderful opportunities to come along and learn about your child's learning, the goals they have and their goal for the last 7 weeks of school. More information next term.

St Joseph's Birthdays

Happy Birthday to...

September - Mila, Leo, Aaron, Navy, Charlie, Madeleine, Anthony, Lilly, Tristan, Midhvan, Lachlan, Cooper, Kobe, Skye, Movina, Jacob, Mason, Ethan, Ariana, Jared, Pallav, Abbygail, Tegan, Marco Paulo, Jared Markell, Amish, Marley, Amelia, Jayden, Elise, Zac



Crazy Sock Day

Tuesday, 29th October

Go crazy with your socks



Matching or not, on your hands,
on your feet or in your hair!

St Joseph's supporting Catholic Mission
Gold coin Donation



2020 Kindergarten Enrolments

Kindergarten 2020 Enrolments are now being accepted.

Please advise family and friends to contact the school to book their enrolment interview now!

Don't miss out - only a few spaces left!



Community News



HOLIDAY ACTIVITIES

TICKETS ON SALE FROM MONDAY 2 SEPTEMBER 2019 - **BOOKINGS ESSENTIAL!**
Book tickets online at penrith-city-library.eventbrite.com.au

ALL EVENTS HELD @ PENRITH CITY LIBRARY



Family Shows



TONY'S MAGIC SHOW with Tony Finch

"Voted No.1 Most Popular Kids Entertainer in Australia 2018", Tony the magician will captivate and amaze kids of all ages with his hilarious magic show with one side-splitting laugh after another! See the workshops list to book a place in Tony's magic and balloon workshop after the show.

WHO: For the whole family
WHEN: Wednesday 2 October, 10-11am
TICKETS: \$7 per person (children under 2 free)



WAKE UP AND READ with Frank Ozo

This funny comedy show combines music, drama, mime, puppetry, magic and circus all linked with short charming tales. Every tale is a piece in a story puzzle about how Frank the comedian became an avid reader, how reading is cool and can change your life. Frank's tales are full of real world fun, laughter, colour and fantastic tricks.

WHO: For the whole family
WHEN: Wednesday 9 October, 10.30-11.30am
TICKETS: \$7 per person (children under 2 free)



Young People



HENNA WORKSHOP with Ranjeeta Saini

Have fun with henna in a hands-on workshop. Create your own designs, get tips on handling a henna cone and learn the secrets to make your own henna paste at home. Practice a range of motifs then decorate yourself in your own henna style.

WHO: 10-16 year olds
WHEN: Wednesday 9 October, 2-4pm
TICKETS: \$18 per student

WHAT YOU SAID ABOUT...
Draw your own Graphic Novel characters July School Holiday Event

"Excellent. It was fun and taught me a lot. I liked creating characters and making the poster"
13yo, Emu Plains



* Awarded by ActiveActivities for entertainers that have the highest levels of visits, engagement and positive reviews from their website users, by location for each calendar year

TELL US WHAT YOU LIKED

Jump online at surveymonkey.com/r/OrbitEvents and tell us what you liked about Orbit's holiday shows and workshops. You could find your comments in our next edition of Orbit.



Children

ZANY SCULPTURE with Na'ama Atzmon-Simon

Use wire, clay paint and colourful materials to create a 3D clay and wire sculpture that can hold your favourite photos and postcards. Use wire-bending, construction and decoration techniques to make your zany sculpture unique.

WHO: 7-12 year olds
WHEN: Tuesday 1 October, 10.30am-12.30pm
TICKETS: \$18 per child



WILD HULA HOOP CRAFTSHOP with Suzy Spindoll

Each child decorates their own professional and durable hula hoop to take home. Children enjoy 60 minutes of crafting time using a variety of art supplies and 30 minutes for a hoop dance party and games to learn how to use your new hoop.

WHO: 7-12 year olds
WHEN: Thursday 3 October, 10.30am-12pm
TICKETS: \$20 per child



MAGIC TRICKS & BALLOON TWISTING with Tony Finch

Join the magician Tony for a great hour of fun entertainment with a hands-on balloon and magic workshop. Tony teaches you amazing magic tricks and shows you what you need to perform them at home. Learn how to twist balloons and take home your balloon creations too. Tony describes this event as "engaging, a lot of fun, hands-on and very magical."

WHO: 7-12 year olds
WHEN: Wednesday 2 October, 11.15am-12.15pm
TICKETS: \$15 per child



WEARABLE ART! DESIGN A CAP with Donna Gilbertson

Design and decorate your own personalised cap for summer! Create a painting, slogan or an abstract picture then use high quality, non-toxic fabric paints to create your own unique piece of wearable art to take home. Loads of colours, loads of fun!

WHO: 7-12 year olds
WHEN: Thursday 10 October, 10.30am-12.30pm
TICKETS: \$20 per child



WHAT YOU SAID ABOUT...
Amazing Magic Craig Show July School Holiday Event

"What a fabulous show! We laughed the whole time."
Brooke, Leonay
"It was the best magic show I have been to. All the children were captivated by his performance."
Maureen, Penrith
"Excellent. It was perfect and went more of these kind of events."
Rajneet, Glenmore Park



TICKETS ON SALE FROM MONDAY 2 SEPTEMBER 2019

Book tickets online at penrith-city-library.eventbrite.com.au

All events are at Penrith City Library. Bookings are essential. Book early as tickets sell quickly. No refunds or exchanges available for tickets purchased. For family shows, every adult and child over 2 years old must purchase a ticket. For other events, accompanying adults attend for free. All events are supervised by professional facilitators and staff. Images displayed in the newsletter are for promotional purposes only.

For more information contact Children's team on 4732 7891, email childrenteamlibrary@penrith.city or go to penrith.city/younglibrary

PENRITH CITY COUNCIL

PENRITH CITY LIBRARY
601 High Street, Penrith 2750



penrith.city/library

Cancer Council Healthy Lunch Box

Nutrition Snippet

The simplest way

... to make no bake cookies

Prep time: 10 mins
Cooking time: 0 mins
Makes: 12



Ingredients

1 cup pitted dates
½ cup raisins
1 cup quick oats
½ cup shredded coconut & ½ cup for rolling
½ cup sunflower seeds

Method

Place the dates, raisins, oats and ½ cup coconut into a food processor. Process until mixture lifts away from the edges of the bowl. Remove from the processor and mix through the sunflower seeds. Roll into a log and slice into 12 even pieces. Shape into cookies and roll in the remaining coconut.

For more recipes and ideas visit our [website](http://healthy lunchbox.com.au).

healthy lunchbox.com.au

Cancer Council NSW

SunSmart Snippet

The simplest way

... to apply sunscreen correctly.

Sunscreen protects against the damaging effects of the sun by reducing the amount of ultraviolet (UV) rays that reach the skin.



Make sunscreen a habit:

- Use SPF 30 or higher, broad spectrum water-resistant sunscreen
- Apply 20 minutes before going outside
- Re-apply every 2 hours (or after any activity that may remove it)

Sunscreen does not block UV radiation and no sunscreen provides 100% protection. Remember to use SunSmart hats, clothing, sunglasses and seek out shade.

To help keep your kids safe in the sun, check your schools SunSmart status by heading to www.sunsmartnsw.com.au

Dates for your Diary

Week 10

Friday 27th September

Year 6 Pizza Party

2pm End of Term Assembly

Last of school for Term 3

Students and Staff return to school Monday 14th October

Week 1

Monday 14th October

First day back at school for Students

Week 2

Thursday 24th October

Year 4 excursion

Wednesday 23rd October

9am Kindy 2020 Orientation

Friday 25th October

2:15pm Whole School Assembly

Week 4

Monday 4th November

Basketball Gala Day

Wednesday 6th November

9am Kindy 2020 Orientation

Friday 8th November

2:15pm Whole School Assembly

St Joseph's Social Media

Did you know St Joseph's have many media platforms to keep yourself updated with school events, photos, newsletters, notes, etc



Facebook - St Joseph's Primary School, Kingswood. NSW

School Website - <http://www.stjosephskingswood.catholic.edu.au/>



Twitter - @stjosephskwood



Skoolbag - St Joseph's Primary Sydney



YouTube - St Joseph's Primary Kingswood

If you would like to opt out on your child's photo, work and name being published please put your request in writing and send it to the school office. If at any time you change your mind regarding publishing please put your request in writing and send it to the school office.

VIP EVENT - THURSDAY 10TH OCTOBER
ZERO & REWARDS CARD HOLDERS

LOWES

20%*
OFF
SCHOOLWEAR

AND
EVERYTHING ELSE



INSTORE & ONLINE THURSDAY 10TH OCTOBER.

* Excludes gift cards, all suit packages & Schoolwear layby's. Cannot be combined with other offers or discounts. Floor stock only.
Styles and colours may vary from store to store.

No rain checks. Please choose carefully, exchanges and refunds only with docket. Includes existing 5% discount.
Offer ends midnight (AEST) 10/10/19. Must use Zero or Rewards card to receive discount.

